

The *Pleo Newsletter*
Your source for SANUM therapy

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Workshop in Florida

The "Concepts and Applications" Workshop is going to be held Saturday, November 15, 2003 at the Holistic Options office, Crossroads Health Care Center, 635 Primera Blvd. Suite 101, Lake Mary, FL 32746. For directions to the facility, phone (407)-333-1059.

Saturday Registration: 8:30AM - Class 9:00AM to 5:30PM
Receive \$50.00 product credit with \$100.00 registration.

This Workshop will be conducted by **Dr. Kirk R. Slagel, N.M.D., M.Ed.**

To Register, contact: Pleomorphic Products SANUM, Inc. at (602)439-7977, to fax registration form (602)439-7996.

Cost of Workshop: **Doctors.....\$100.00**
Staff.....\$ 50.00
Students.....\$ 30.00
(Student I.D. Required)

For those practitioners who have previously attended a "Concepts and Applications" Workshop, repeat this class as a refresher course and pay a nominal fee of \$50.00.

Children's Intestinal Illnesses

By: Dr. Anita Kracke, Germany

Edited by: Dr. Kirk R. Slagel, N.M.D., M.Ed.

As discussed in the may 2000 issue of "Medizin und Meinung" the rate of chronic intestinal inflammations in children and adolescents is very high. The article informs us that every third patient who suffers from a chronic inflammatory illness of the intestine is younger than 18 years. One third of these young patients are under 10 years of age. These findings are similar to American research studies, which found that out of approximately 2 million American patients with chronic inflammatory illness of the intestine 10% are children. As pointed out at a Congress for Internal Medicine in Wiesbaden/Germany, one third of young people already show impeded growth at the time of diagnosis (with Colitis ulcerosa or Morbus Crohn for instance) and do not reach the normal height corresponding to their age. Looking at the causes for growth retardation, they are to be found on one hand in the type of illness itself (disturbed intestinal functions), and on the other hand in the traditional therapy of the illness. One can assume that in patients with Morbus Crohn for instance, the serum level of the fat-soluble vitamins A and E and the pro-vitamins is considerably lowered. This is correlated to a hypolipidemia, whereby in reference to the serum concentration of Vit. E a significant correlation between the Vit. E and the total-fat-level in the serum exists (VitaMinSpur 3-4/99).

Advance Notice

SANUM Therapy in Practice Workshop 2004: **Advanced Clinical Correlations** (in conjunction with Level 1 Introductory Seminar Concepts and Applications) with guest speakers such as:

Dr. Thomas Rau, M.D., Director of Paracelsus Clinic, Switzerland (this lecture is not part of Dr. Rau's Foxhollow Lecture Series)

Weekend April 30 - May 2, 2004 in Glendale, AZ at Pleomorphic Products SANUM, Inc. facility.

The conventional treatment of these chronic intestinal illnesses in children is based on medicines, which suppress the inflammatory processes. 5-Aminosalicylate (5-ASA) inhibits the metabolism of arachidonic acid, the synthesis of immunoglobulins and the neutrophil granulocytes. Antibiotics have an inhibiting influence on the intestinal flora. Corticosteroids influence both the inflammatory as well as the immunological response of the body by decreasing the production of inflammation supporting cytokines, and inhibiting the function of leucocytes. Conventional medicine treats these patients with derivatives of cortisone, to suppress the presenting inflammations, although it is known that cortisone-preparations cause growth disturbances. The damaging side effects of such cortisone therapy are well known.

Colitis ulcerosa is an intermittent chronic inflammation of the mucous membrane of the colon, which continuously expands from the rectum to the proximal parts of the intestine. The etiology is unclear. It is assumed to be an autoimmune disease with a tendentious occurrence in certain families (Pschyrembel). The pathological picture is characterized by punctiform hemorrhages, ulcers, and also spontaneous hemorrhages. Pseudo polyps and retroplasia of haustra are found after repeated episodes of the disease. The clinical symptoms of the illness manifest as a painful evacuation of mucohemorrhagic feces sometimes accompanied by fevers, dehydration of the body tissues, and weight loss due to poor digestion and absorption.

Morbus Crohn (Enteritis regionalis Crohn), also called Ileitis terminalis or Enteritis granulomatosa, is a chronic illness of the intestine, which likewise proceeds in episodes with all the signs of a chronic intestinal inflammation. The rate of illness is equally high in women and men. The incidence has doubled in the last 20 years.

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The illness can affect all sections of the digestive tract including stomach and esophagus. The inflammations can appear discontinuously and permeate all layers of the intestinal wall. Aphthae, fissures, anal fistulas and edema of the intestinal walls are characteristic. In contrast to colitis ulcerosa, psycho-emotional components play a subordinate part.

Since the discovery of the Ileitis terminalis by Crohn and his staff members the question has been repeatedly discussed as to whether mycobacteria can cause Crohn's disease. It was assumed that there is a connection to Johne's disease (paratuberculosis of the ruminants). Culturing of mycobacterium paratuberculosis is very difficult since the germ can appear in two forms. One appearance is an acid-proof bacterium, the other a non-acid-proof form without a cell membrane, the so-called spheroblast, (perforating and non-perforating forms in the English literature). Germs of the species Mycobacterium paratuberculosis have been isolated from the tissues of patients that suffer from Morbus Crohn, Colitis ulcerosa or sarcoidosis. It also has been ascertained that ruminants of herds infected by Johne's disease, have been increasingly infected by milk and contaminated food or water.

A 1996 Japanese study showed that persons who consumed milk or milk protein from infected cattle showed a higher incidence of Morbus Crohn. In this context it has been shown that milk from herds infected with Johne's disease became frequently contaminated by mycobacterium paratuberculosis. Unlike the tubercle bacillus, these germs cannot be killed through pasteurizing at 71 °C over 15 seconds. Only very recently (1985) it has been successfully proven with the Polymerase Chain Reaction (PCR) that mycobacteria, which were found in patients with Ileitis terminalis, have an identical genetic sequence to germs of the paratuberculosis of the ruminants (IS900 and/or in exceptions IS901 for ruminants such as roe or deer). Morbus Crohn also clinically manifests like the Colitis ulcerosa with rare hemorrhagic diarrhea, periumbilical aches, fevers, and weight loss, as well as perianal abscesses and fistulae. Both Morbus Crohn and Colitis ulcerosa can appear in other organs - for instance as pyoderma, episcleritis, stomatitis, ankylosing spondylitis, or cholangitis. After years both diseases can evolve into carcinoma.

Publications from English speaking countries (Greenstein et al., Gui et al., Hermon-Taylor et al., 1996 to 1998), report on the isolation of Mycobacterium paratuberculosis from surgically removed tissues of patients who suffered either from Colitis ulcerosa or Morbus Crohn, which was carried out with a very precise methodology and highly specific tests. The reports say that mycobacteria have not been found in tissue samples of patients who did not suffer from an inflammatory disease of the intestine. Conventional medicine proceeds on the assumption, that a multifactorial occurrence initiates the outbreak of Morbus Crohn and considers the Mycobacterium paratuberculosis, genetic predisposition, environmental factors and also the measles virus as factors. **The basis of the chronic intestinal illnesses, especially Colitis ulcerosa and Ileitis terminalis is always a tubercular weakness.**

The primary allergens - protein from cow's milk, eggs and pork - have usually already been ingested in childhood when the mucous membrane of the intestine was not yet developmentally able to sufficiently disassemble these foreign proteins. Fragments of these proteins passed through the undeveloped intestinal mucous membrane and effectively damaged the

immune system and the intestinal mucous membrane itself. If we want to cure patients from a damaged intestinal mucous membrane such as this, we first of all have to try a Werthmann diet (see Dr. Konrad Werthmann: Ratgeber für Allergiker und chronisch Kranke- contact Pleomorphic Products for information on this diet) to relieve the intestine. This means keeping away from the allergens and thus making a recovery of the damaged mucosa possible. Nuts and onions are also forbidden for such patients.

Many adolescents are overly acidic due to psycho-emotional stress at school, dysfunctional family situations, an incessant flood of stimuli and/or through an unhealthy diet, (fast food, dead food, candy, drinks containing sugar, phosphate and carbon and protein mast). In this milieu the mechanisms of the regulation of the ground system of the tissues cannot any longer function appropriately. Naturopathically oriented therapists will therefore de-acidify the patient with ALKALAN (Pleo Alkala in the U.S.) or ALKALAT (not available in the U.S.) along with the Werthmann diet. Children take 2x daily 1/2 tablet of ALKALAT and later on 2x daily half a teaspoon (or less) of ALKALAN powder in warm water, fruit or vegetable juice. Adolescents take the adult dose (2x daily 1 teaspoon ALKALAN powder).

The preparations CITROKEHL (Pleo Citro in the U.S.) and Ubichinon comp. (Heel) should be initially taken, to solve blockages. They can be prescribed either as a single injection, or as pills or drops. Further therapy begins with PEFRAKEHL 5X (Pleo Pef) or FORTAKEHL 5X (Pleo Fort) drops 2x 1-10 drops orally taken or rubbed into the bend of the elbow or abdominal skin, according to the age of the patient. After 10 days the therapy is changed. From Monday to Friday SANKOMBI 5X (Pleo Sancom) drops 2x daily 2-15 drops are taken orally and/or to rub in, again according to the age. At the weekend, Saturday and Sunday, QUENTAKEHL 5X (Pleo Quent) or NOTAKEHL 5X (Pleo Not) drops 1x daily up to 8 drops are given alternatively orally or rubbed in. For stimulation of the immune system alternately SANUKEHL SALM 6X (Pleo San Salm) and SANUKEHL PROT 6X (Pleo San Prot) and if necessary, SANUKEHL MYC 6X (Pleo San Myc) should be rubbed into the area around the navel. According to age, the starting dose for older children (over 12 years) and adolescents is 5-10 drops, whereby half of the amount is rubbed in and the rest taken orally.

To build up the Peyer's patches and to activate the immune system, 1 capsule of REBAS 4X (Pleo Reb) can be taken 2x daily or 1 suppository daily at bedtime. From the third week onwards it is recommended to additionally rub in UTILIN 6X (Pleo Ut) drops 1x daily up to 8 drops, according to age (generally, 1 drop per year of age to the adult dose of 5-10 drops). Later, the intake of LATENSIN (Pleo Lat), RECARCIN (Pleo Rec) and UTILIN capsules in a weekly to two-weekly cycle is indicated. LATENSIN and RECARCIN should be started with the lowest dosage (higher potency). The drops or the capsules may be used. In case of using the capsules, the capsules can be opened and an individual dosage can be adjusted by dividing the content into half. Monday and Thursday for instance one-half capsule of LATENSIN can be spread on the tongue. In the following week (or after 14 days) the cure is to be continued likewise with a capsule of RECARCIN. Later the dosage can increase to a maximum of two capsules weekly, according to age. In between (all 4 weeks for instance) a capsule or drops of UTILIN S 6X

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(Pleo Ut S) can be inserted into the therapy. After that it can be changed over to UTILIN S 4X.

Since inflammations of the intestine are often maintained by a foci in the area of the teeth or the nasal sinuses, these areas must be examined and treated if necessary to stop the disturbing effects from toxins and heavy metals. If the nasal sinuses are affected, daily nasal rinsing or a nasal lavage is recommended. According to the kind of colonization it could be done with the following mixture: NOTAKEHL 5X-20 drops QUENTAKEHL 5X-20 drops, Traumeel ampoule, 1ml isotonic saline solution 5ml. Mucosa comp. (Heel) and/or FORMASAN (Pleo Form in sip/ampule form ONLY) can also be added to this mixture. Lavages or rinsing of nasal sinuses are performed simultaneously throughout the first 10 days of therapy with the isopathic medicines PEFRAKEHL (Pleo Pef) and FORTAKEHL (Pleo Fort). To activate the intermediary metabolism the general therapy in adolescents can still be supported by SANUVIS (Pleo Sanuvis) drops 3x daily 1 teaspoon and/or CITROKEHL (Pleo Citro) in the evening. If necessary, SANUKEHL SALM 6X can be replaced by SANUKEHL COLI 6X (Pleo San Coli).

In any case the development of the illnesses should be controlled by examination of the feces and dark-field microscopy of vital blood. The final goal of the therapy is to activate the immune system and to help the dysfunctional intestine work again, instead of paralyzing these organs through immunosuppressants. According to Reckeweg, the chronic intestinal inflammation is a last phase of reaction and/or, in the advanced stage a phase of deposition in which the body tries to decontaminate itself. Our intention should be to support the self-healing powers of the body so that the patient can recover through a regressive vicariation and normal regulation of the stroma. Therefore, an orthomolecular supplementation as well as an increased excretion of pollutants and metabolic waste products from the body is necessary.

During chronic and acute intestinal inflammations, OKOUBASAN 2X (Pleo Oku) drops are highly suitable for the elimination of toxins by increasing the phagocytosis and activating the cells. For this purpose 5 drops 1- 3x daily or 1 tablet should be taken according to age. Heavy metals are preferably removed from the body with CERIVIKEHL (Pleo Cerivi) and USNEABASAN (Pleo Usnea) dosage 3-10 drops daily oral, which are made from lichen. Additionally trace elements SELENOKEHL (not available in the U.S.) 5-10 drops in the morning and ZINKOKEHL (Pleo Zink) 3X 5-10 drops in the evening) should be substituted. The substitution of trace elements in general and especially of SELENOKEHL and ZINKOKEHL as well as the supplementation of antioxidants such as MAPURIT (magnesium and Vit. E) at noon 1-2 capsules according to age contributes essentially to the improvement of the healing process. If we consider the intestine to be the root of the human tree, which takes in the material/physical food, it is mandatory to create a good function and symbiosis in this part of the body, so that information from other aspects of the body can also flow in harmony.

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Pleo Ginkgo

(*Ginkgo biloba Urtinktur*)

Ginkgobakehl (in Germany). The Ginkgo tree (*Ginkgo biloba*) has lived on earth for 300 million years. The ancient home of this durable plant lies in Asia. Three thousand years before Christ, the Chinese used healing remedies from the Ginkgo tree, with the traditionally expressed intent of mitigating the complaints and diseases of aging.

Ginkgo is available from Pleo in 30 mL bottles 1X strength and 10 and 50 sips, 2mL in 4X strength. *See the German Materia Medica for complete details on this product.*

This is the third botanical remedy in our product line of eight. Be sure to see our next issue for the next homeopathic botanical remedy from Pleomorphic Products SANUM, Inc.

The Wisdom Corner

"The secret of joy in work is contained in one word - **excellence**. To know how to do something well is to enjoy it"

-Pearl Buck

Thanksgiving Holiday!

We would like to take this opportunity to wish you all a very Happy Thanksgiving Holiday and to advise you that we will be closed on **Thanksgiving Day, Nov. 27** and the day after, **Nov. 28, 2003**.

We look forward to serving you again on December 1, 2003.

Enderlein Therapy to SANUM Therapy

The development of the current Isopathic/Homeopathic SANUM Therapy arose from two origins: the Isopathic/Homeopathic fungal medicines came from Dr. G nther Enderlein and his company Ibiga. The Immunomodulating Bacterial medicines were being produced by the SANUM Company operated by a Mr. Rinkert. Mr. Heinrich Kehlbeck purchased both of these companies in 1975, including the rights and methods of the manufacturing process.

Today, while some doctors and healthcare practitioners still refer to the Isopathic/Homeopathic therapy as Enderlein therapy, it is really much more broad than using only the Isopathic/Homeopathic fungal or bacterial medicines. The complete line of products includes nine different product categories to holistically treat the body.

These include the four pH or milieu regulators; the 15 Isopathic/homeopathic fungals developed according to Dr. Enderlein s methods; the seven immunomodulating bacterial medicines; three glandular products; eight botanical remedies; two excretion products; the set of 10 Polysan remedies; the 13 polysaccharide Sanukehls; and three vitamin/mineral products, and the chelate products plus a comprehensive test set.

The SANUM therapy treatment process may be used for simple conditions or comprehensively for chronic, debilitating diseases, depending upon the presenting case. In addition, we recommend using SANUM Therapy along with the present modalities in your practice. SANUM is not the end all to Homeopathic medicine, but it does have its major place in numerous cases.

Pleo Newsletter by E-mail

Help us save a tree by sending you this monthly Pleo newsletter via e-mail as a .pdf file format attachment. Please send a brief reply with your name and e-mail address to health@pleoesp.com.

" Concepts and Applications"

Instructed by Dr. Kirk R. Slagel, N.M.D., M.Ed.

Remaining 2003 Courses

Date	Location
November 15	Orlando, FL
Cancelled will re-schedule at a later date	
December 13	Las Vegas, NV

Tentative Schedule for 2004

*SANUM Therapy in Practice "Advanced Clinical Correlation" Workshop

January 17	San Jose, CA
February 21	Glendale, AZ
March 27	Bridgeport, CT
April 24	Portland, OR
*April 30, May 1,2	Glendale, AZ

More workshops to be scheduled

SANUM Therapy Prescription Book available to our customers

The SANUM Therapy Prescription Book is still available. This informative book was compiled by Dr. Konrad Werthmann, M.D. of Austria. The Prescription Book is available to our customers at no charge *except for shipping*.

Dr. Werthmann is the International Consultant for SANUM and has recently completed his 4-Step method Workshop at our facility in Glendale, Az. and is finishing his third U.S. tour in New York this weekend.

The SANUM Therapy Prescription Book covers illnesses from *abdominal complaints* to *viral infections*.

SANUM Founder

It is with deep sadness that we convey to you the death of Mr. Heinrich Kehlbeck, the founder of the SANUM Kehlbeck Company, at the age of 87.

He is survived by his wife Mimi and their children, Reiner and Heinfried Kehlbeck and Irmtraud Strahmann.

The Pleo Team!

The Pleo Team

Managing Director

Felix J. Muller, Col. (Ret.)
management@pleoesp.com

Medical Education Director

Kirk R. Slagel, N.M.D., M.Ed.
drslagel@earthlink.net

Operations Manager

Wolfgang Hofig, M.B.A.
whofig@pleoesp.com

Customer Relations Manager

Heidi Zeisel, B.S.
marketing@pleoesp.com

U.S. Consultants:

Lyn Porter, B.A., C.N.
Pearl Laperla, A.M.D.
Sharon Stills, N.D.

International Consultants:

Dr. Konrad Werthmann, M.D. Austria
Dr. Peter Schneider, D.V.M., Ph.D.
SANUM Hoya, Germany

Pleomorphic Products SANUM, Inc.

5170 W. Phelps Rd. Glendale, AZ 85306
Ph. 1-866-861-2639 Toll Free
Ph. 602-439-7977 Fax. 888-439-7980
e-mail: health@pleoesp.com
www.pleoesp.com ~ www.sanum.com